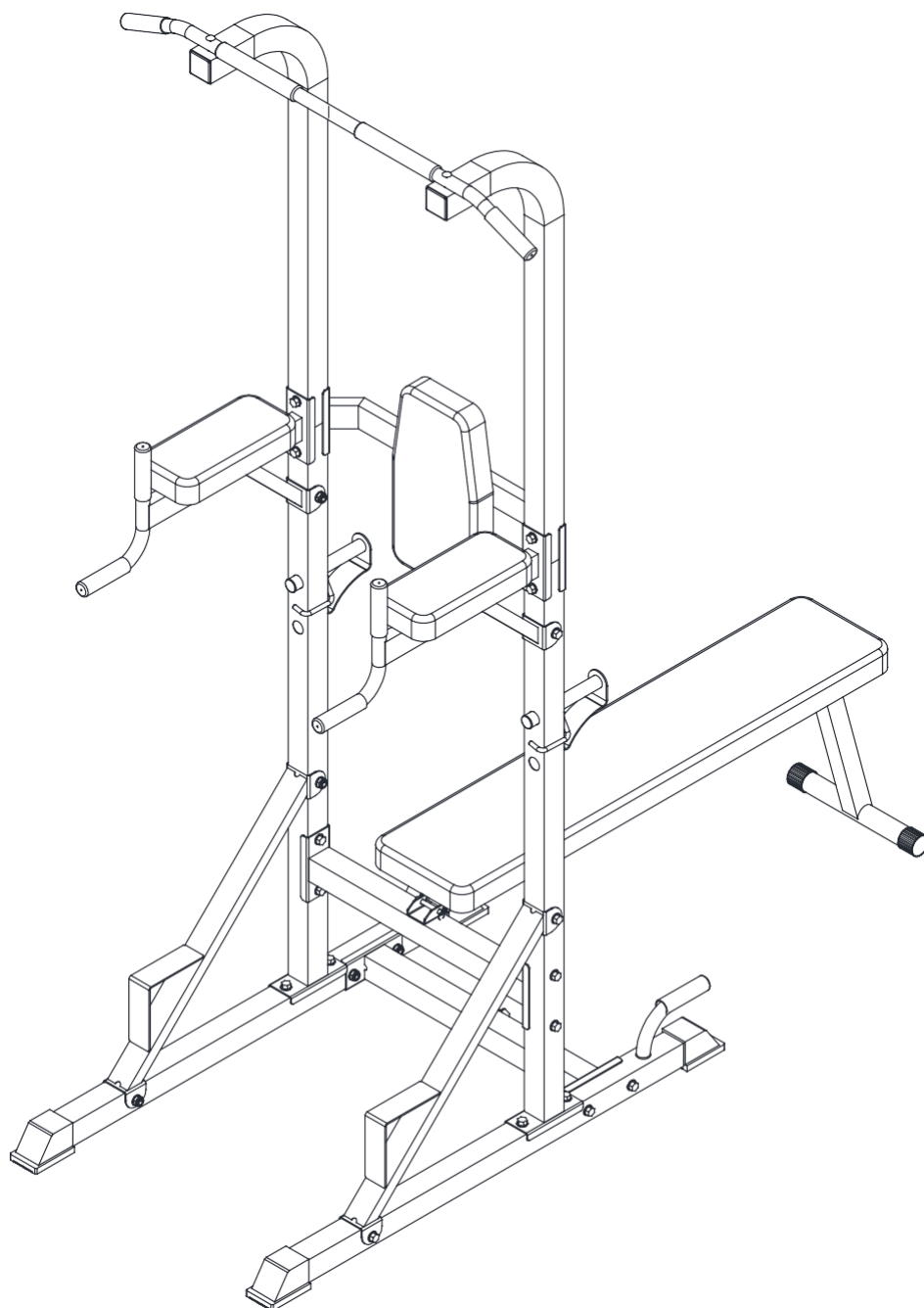


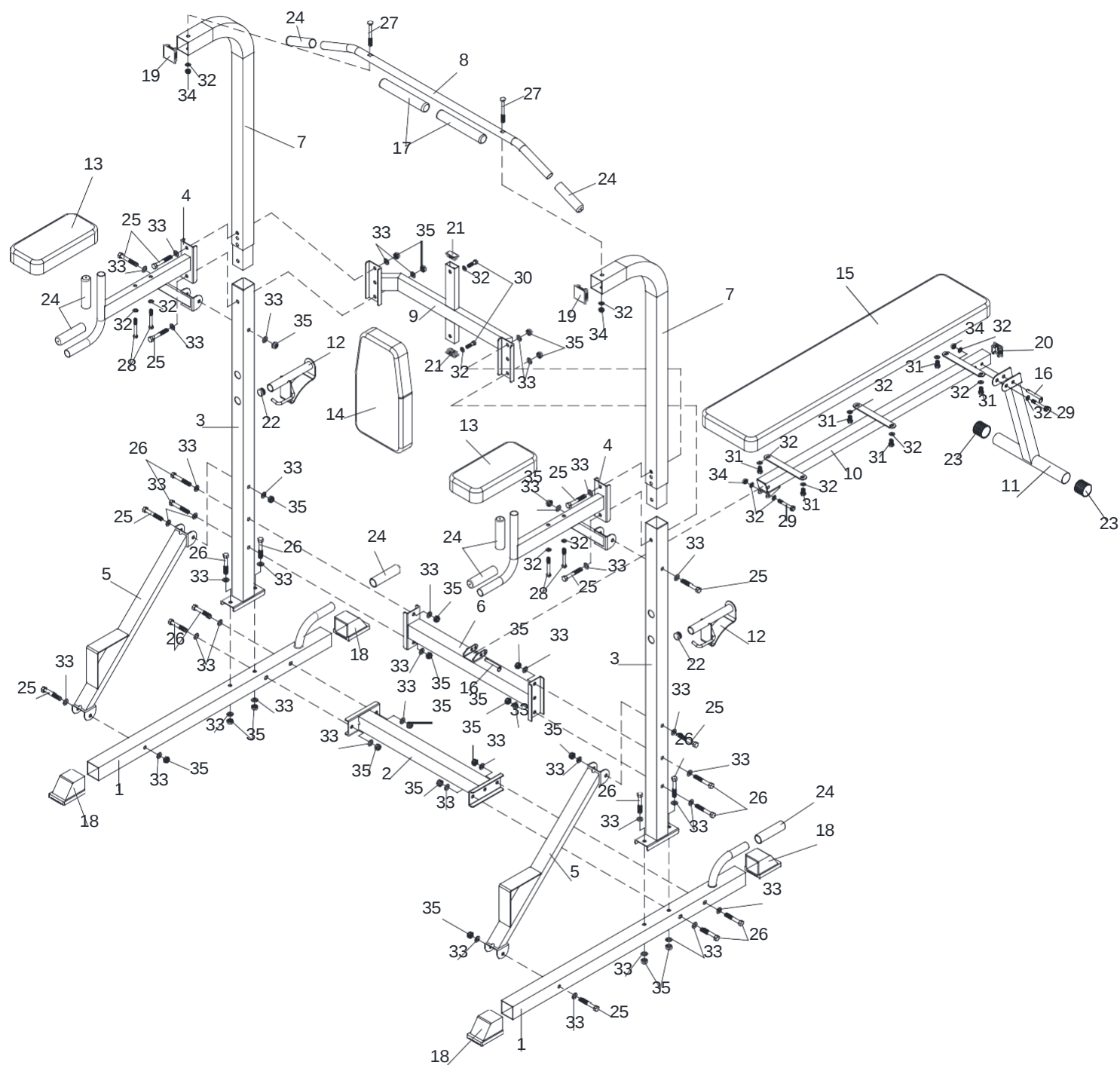
# MANUAL DE UTILIZARE

## POWER TOWER SPORTMANN ROCHA

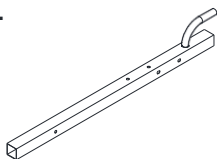
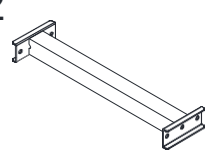
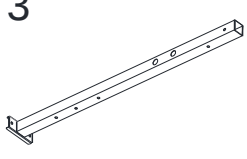
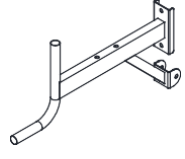
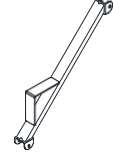
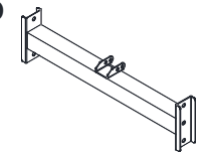
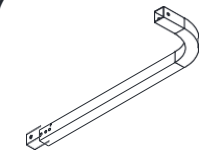
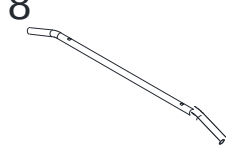
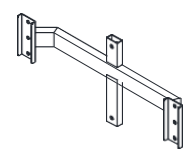
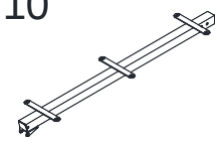
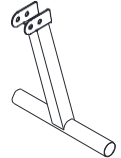
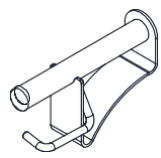
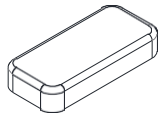
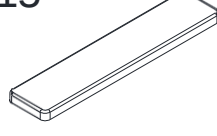
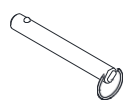
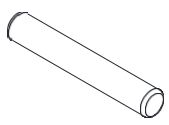
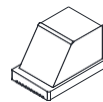
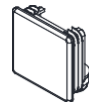
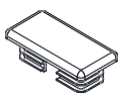
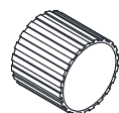
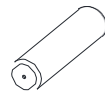
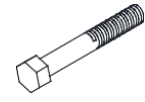
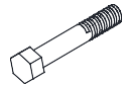
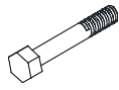
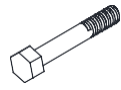


Inainte de a monta si folosi produsul va recomandam sa cititi cu atentie instructiunile din acest manual si sa il pastrati pentru referinte viitoare.

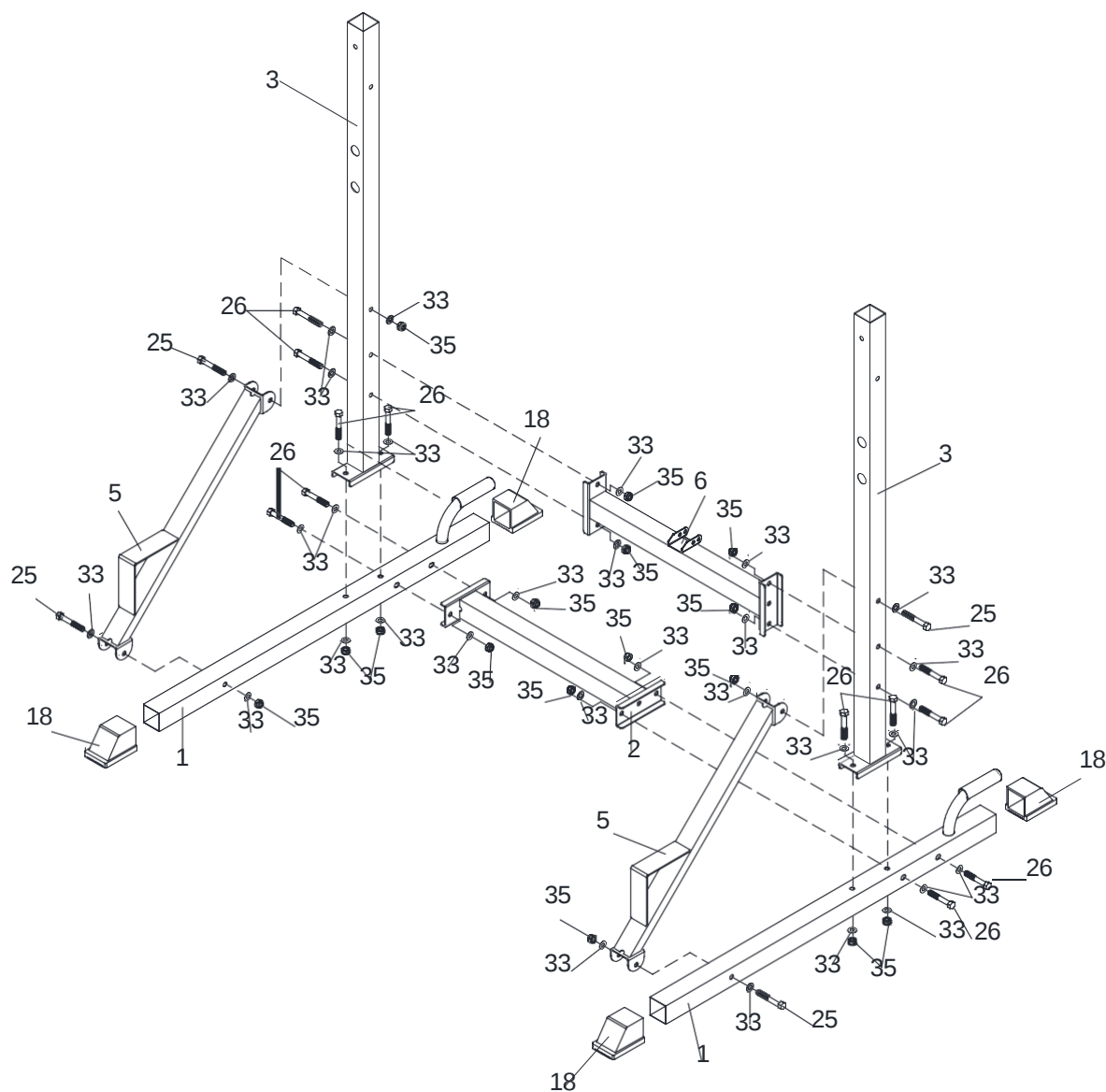
# 01/ DIAGRAMA



## 02/ LISTA DE PIESE

|                                                                                                                              |                                                                                                                         |                                                                                                                           |                                                                                                                              |                                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| 1<br><br>Bara baza<br>2buc.                 | 2<br><br>Bara conectare jos<br>1buc.   | 3<br><br>Cadru drept de jos<br>2buc.     | 4<br><br>Suport brate<br>2buc.             | 5<br><br>Bara cu<br>suport 2buc.            |
| 6<br><br>Bara conectare sus<br>1buc.        | 7<br><br>Cadru drept de<br>sus 2buc.   | 8<br><br>Bara tractiuni<br>1buc.         | 9<br><br>Suport spatat 1buc.               | 10<br><br>Cadru banca<br>1buc.              |
| 11<br><br>Cadru suport banca<br>1buc.       | 12<br><br>Manere<br>2buc.              | 13<br><br>Suport brate<br>captusit 2buc. | 14<br><br>Spatar captusit<br>1buc.        | 15<br><br>Banca captusita<br>1buc.          |
| 16<br><br>Cui blocare<br>2buc.            | 17<br><br>Manre<br>spuma 2buc.        | 18<br><br>Capace patrate<br>50mm 4buc.  | 19<br><br>Capace patrate<br>50mm 2buc.   | 20<br><br>Capace patrate<br>38mm 1buc.     |
| 21<br><br>Capace patrate<br>40X20mm 2buc. | 22<br><br>Capac rotund 25mm<br>2buc. | 23<br><br>Capac rotund 50mm<br>2buc.   | 24<br><br>Manare<br>8buc.                | 25<br><br>Surub M10X70mm<br>10buc.        |
| 26<br><br>Surub M10X65mm<br>12buc.        | 27<br><br>Surub M8X85mm<br>2buc.     | 28<br><br>Surub M8X65mm<br>4buc.       | 29<br><br>Surub M8X55mm<br>2buc.         | 30<br><br>Surub M8X30mm<br>2buc.          |
| 31<br><br>Surub M8X15mm<br>6buc.          | 32<br><br>Saiba M8<br>18buc.         | 33<br><br>Saiba M10<br>44buc.          | 34<br><br>Piulita cu nailon<br>M8 4buc. | 35<br><br>Piulita cu nailon<br>M10 22buc. |

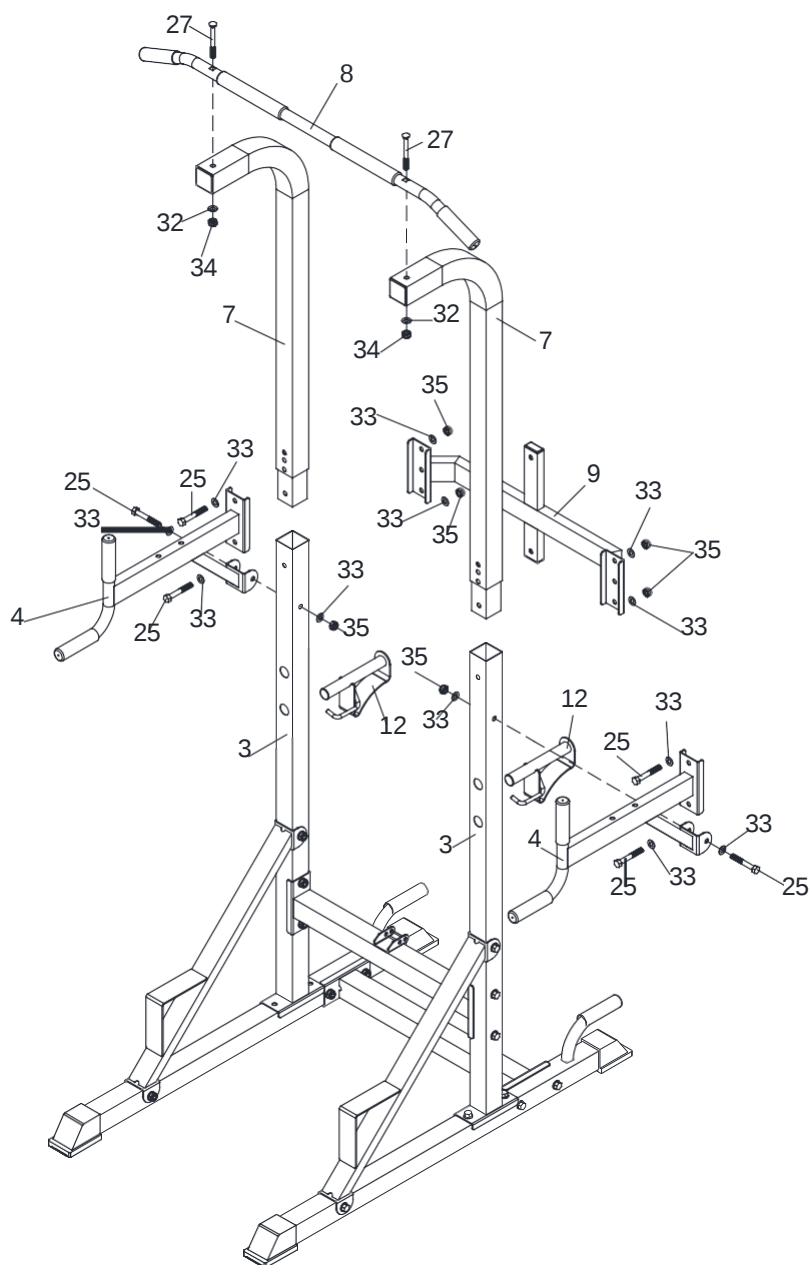
## 03/ INSTRUCTIUNI DE ASAMBLARE



### PASUL 1

1. Montati cele 4 capace patrate 50mm (18) pe barele baza (1).
2. Montati bara conectare de jos (2) la barele de baza (1), cu 4 suruburi M10X65mm (26), 8 saibe M10 (33) si 4 piulite cu nailon M10 (35).
3. Montati cadrul drept de jos (3) la barele de baza (1), cu 4 suruburi M10X65mm (26), 8 saibe M10 (33) si 4 piulite cu nailon M10 (35).
4. Montati bara conectare de sus (6) la cadrul drept de jos (3), cu 4 suruburi M10X65mm (26), 8 saibe M10 (33) si 4 piulite cu nailon M10 (35).
5. Montati barele cu suport (5) la barele baza (1) si cadrul drept de jos (3), cu 4 suruburi M10X70mm (25), 8 saibe M10 (33) si 4 piulite cu nailon M10 (35).

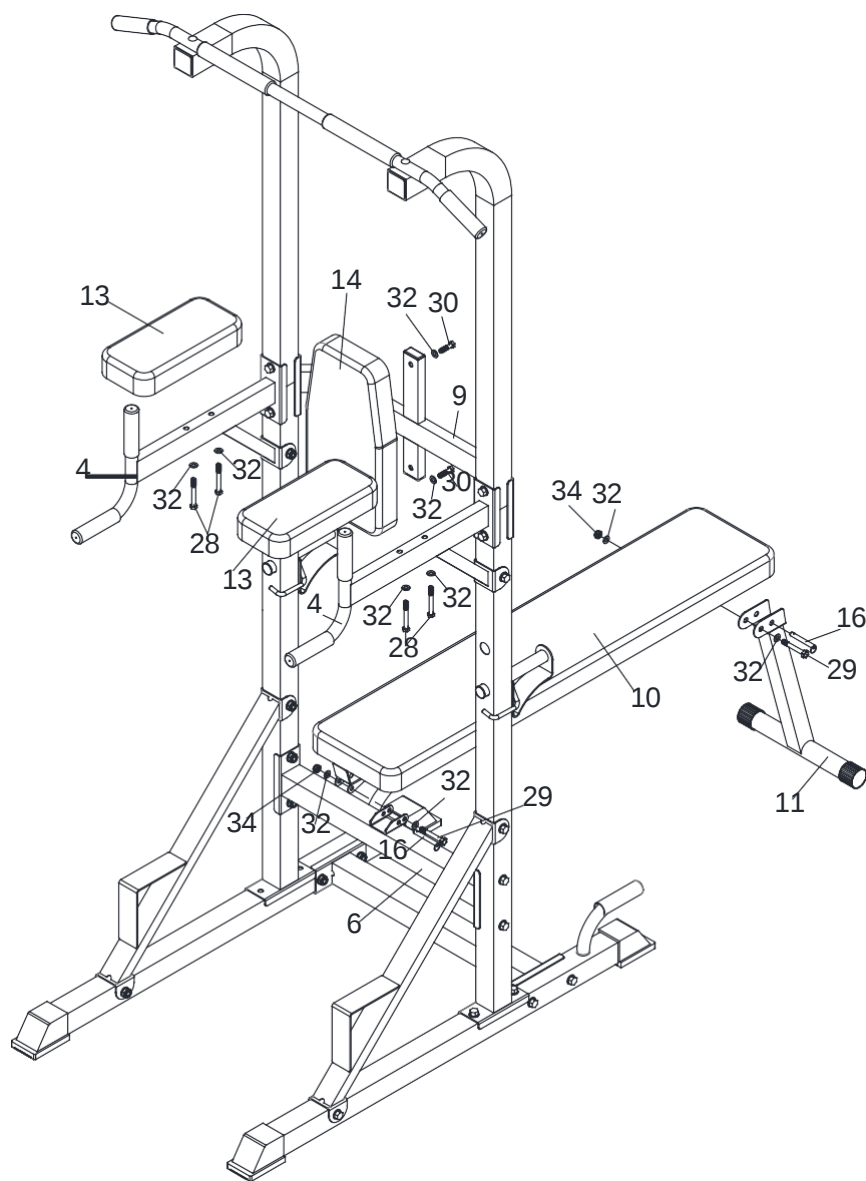
## 03/ INSTRUCTIUNI DE ASAMBLARE



### PASUL 2

1. Montati cadrul drept de sus (7) pe cadrul drept de jos (3).
2. Montati suportul de brate (4) si suportul de spatar (9) pe cadrul drept de sus (7) si cadrul drept de jos (3), cu 4 suruburi M10X70mm (25), 8 saibe M10 (33) si 4 piulite cu nylon M10 (35).
3. Monati bara de tractiuni (8) pe cadrul drept de sus (7), cu 2 suruburi M8X85mm (27), 2 saibe M8 (32) si 2 piulite cu nylon M8 (34).
4. Introduceti manerele (12) in cadrul drept de jos (3).

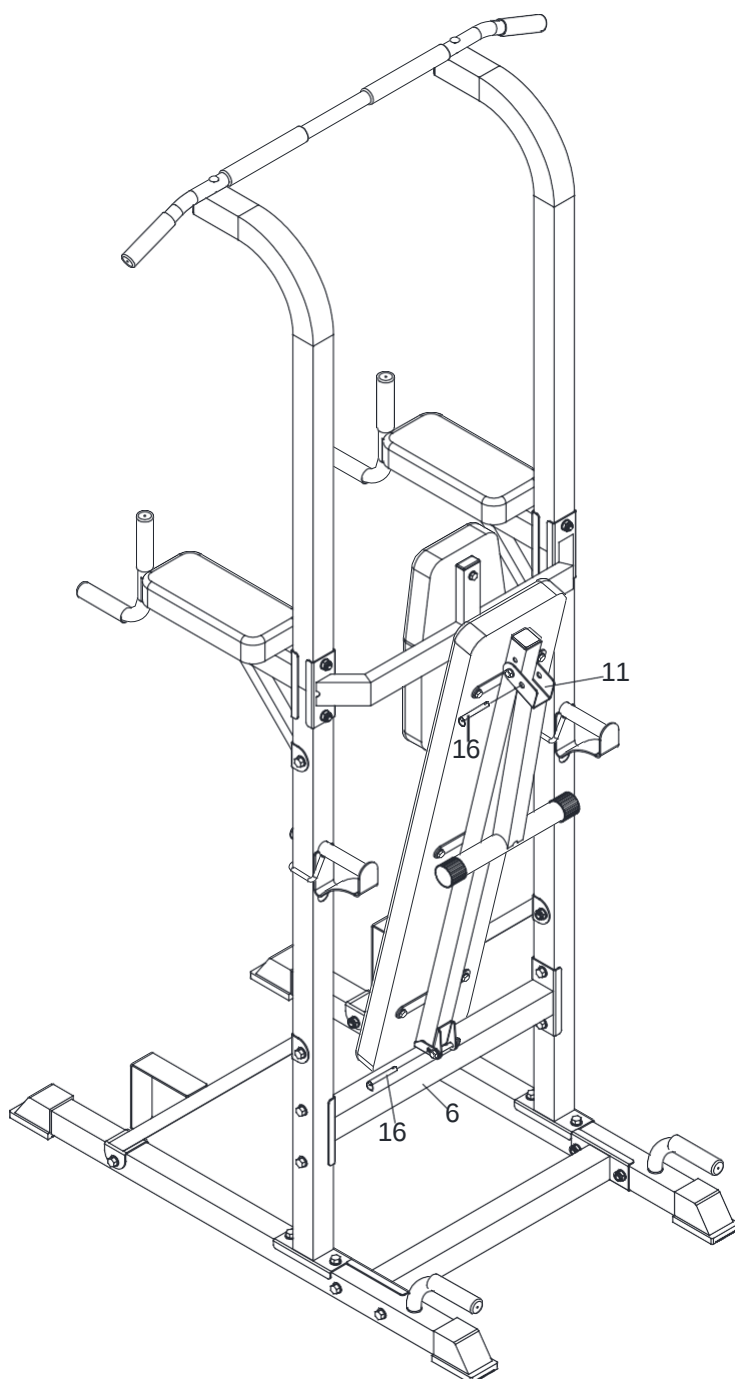
## 03/ INSTRUCTIUNI DE ASAMBLARE



### PASUL 3

1. Montati cadrul de la banca (10) la bara conectare de sus (6), cu surub M8X55mm (29), 2 saibe M8 (32) si piulita cu nailon M8 (34) si cui de blocare (16).
2. Montati cadrul suport banca (11) la cadrul de banca (10), cu surub M8X55mm (29), 2 saibe M8 (32) si piulita cu nailon M8 (34) si cui de blocare (16).
3. Montati suportul de brate captusit (13) pe suportul de brate (4), cu 4 suruburi M8X65mm (28) si 4 saibe M8 (32).
4. Montati spatarul captusit (14) pe suportul spatar (9), cu 2 suruburi M8X30mm (30) si 2 saibe M8 (32).

## 03/ INSTRUCTIUNI DE ASAMBLARE



### PASUL 4

1. Scoateti cuiul de blocare (16) din cadrul suport banca (11) si cadrul de sus (6), folositi cuiul cand doriti sa blocati banca.



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