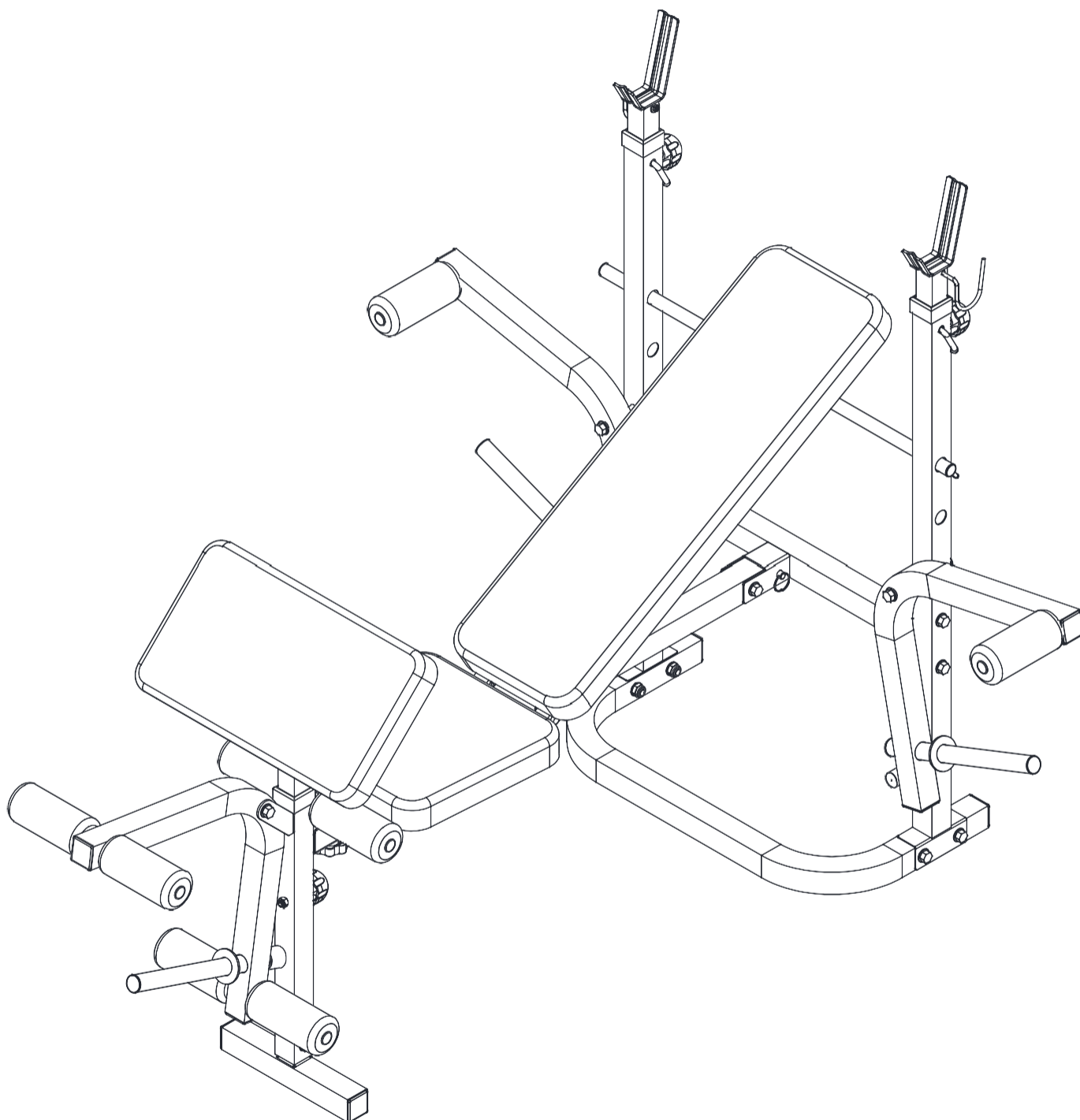


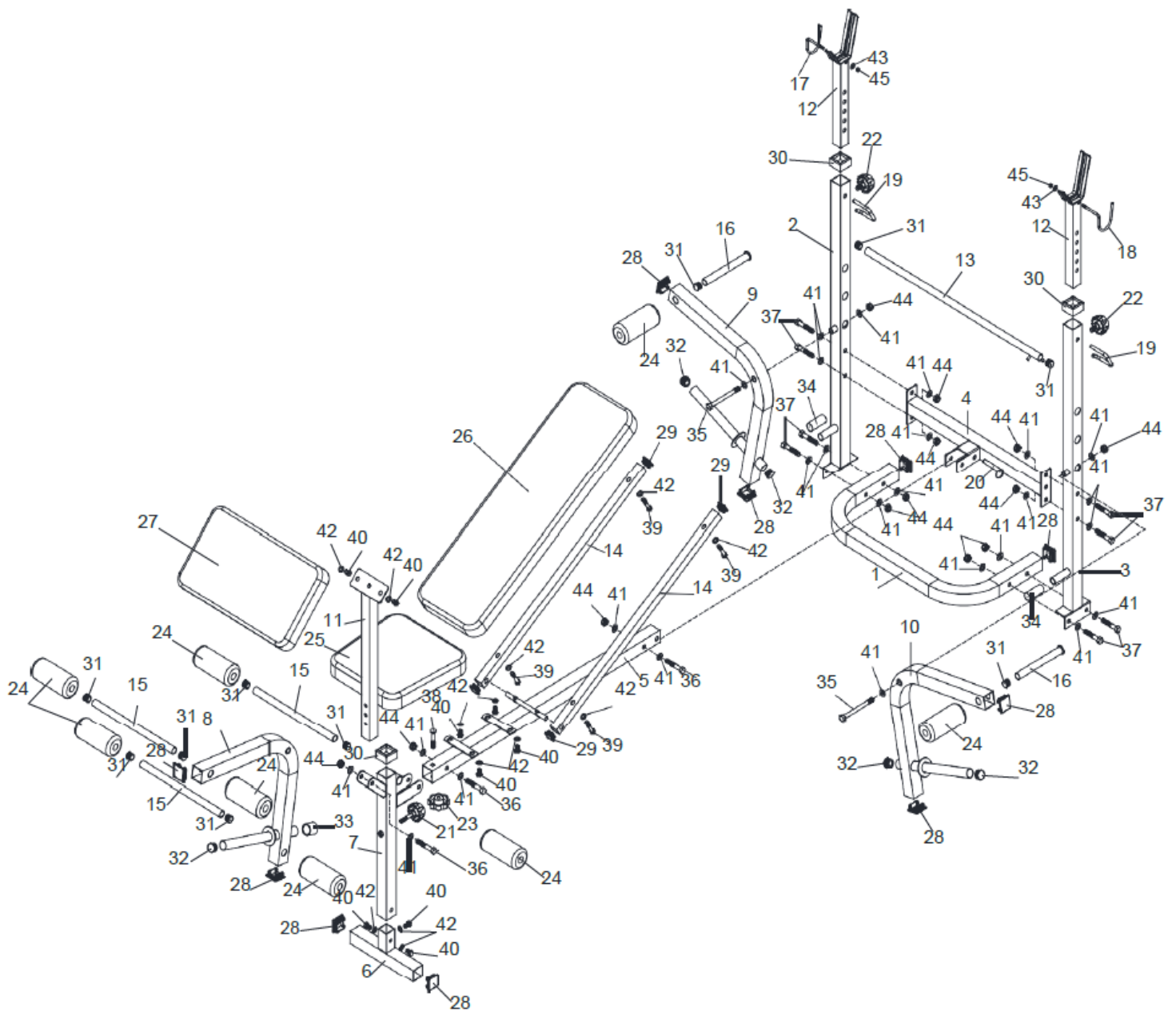


MANUAL DE UTILIZARE

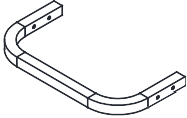
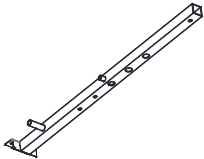
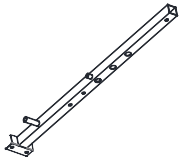
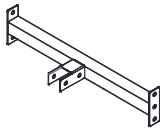
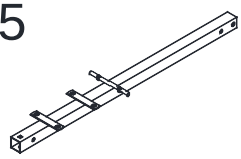
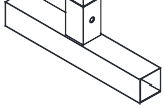
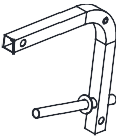
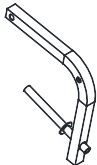
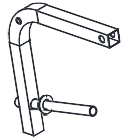
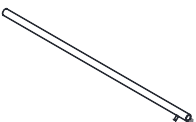
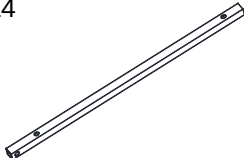
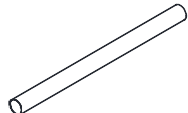
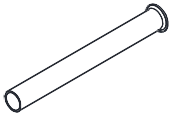
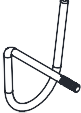
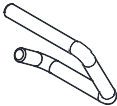
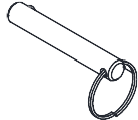
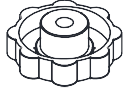
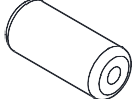
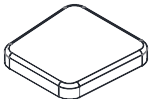
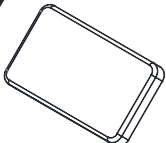
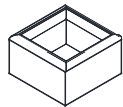
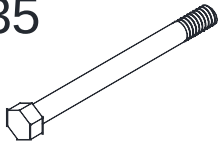
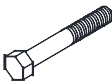
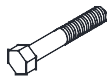
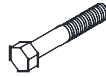
BANCA FORTA SPORTMANN DEVINE



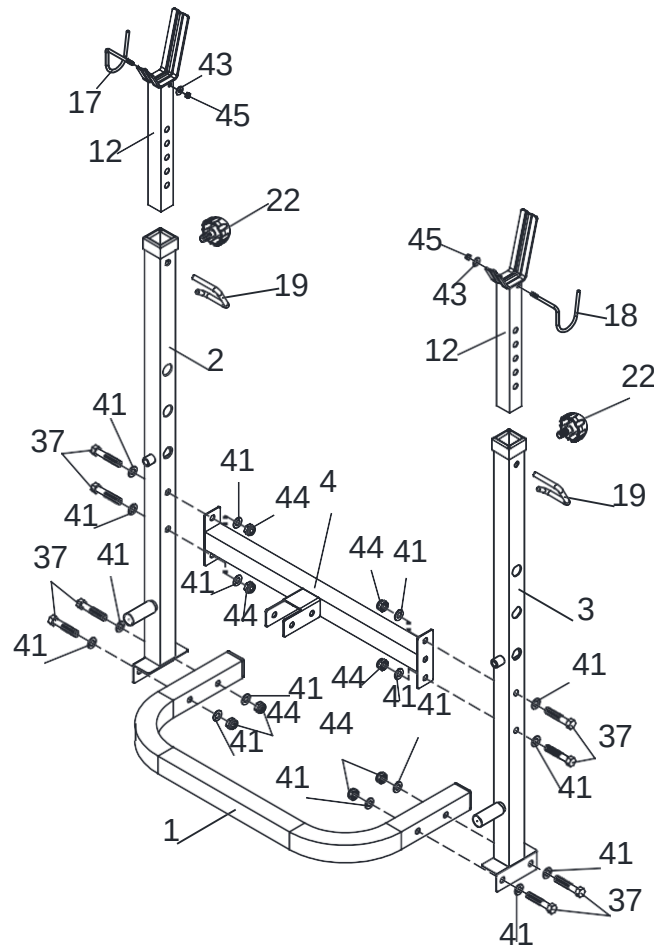
DIAGRAMA



LISTA DE PIESE

1  Baza spate 1buc.	2  Bara spate dreapta 1buc.	3  Bara spate stanga 1buc.	4  Bara conectare 1buc.	5  Cadru principal 1buc.
6  Baza fata 1buc.	7  Suport fata 1buc.	8  Suport extensie picioare 1buc.	9  Bara brate dreapta 1buc.	10  Bara brate stanga 1buc.
11  Suport brate 1buc.	12  Suport bara haltere 2buc.	13  Bara ajustare spatat 1buc.	14  Suport spatat 2buc.	15  Teva role spuma 3buc.
16  Manere bara brate 2buc.	17  Carlig siguranta dreapta 1buc.	18  Carlig siguranta stanga 1buc.	19  Carlig siguranta 2buc.	20  Cui ajustare rapida 1buc.
21  Surub blocare (lung) 1buc.	22  Surub blocare (scurt) 2buc.	23  Piulita ajustare 1buc.	24  Role spuma 8buc.	25  Scaun captusit 1buc.
26  Spatat captusit 1buc.	27  Suport brate captusit 1buc.	28 Premontat  Capac patrat 38mm 10buc.	29 Premontat  Capac patrat 25mm 4buc.	30 Premontat  Capac mijloc 3buc.
31 Premontat  Capac rotund 19mm 10buc.	32 Premontat  Capac rotund 25mm 5buc.	33 Premontat  Capac rotund 25mm 1buc.	34 Premontat  Manson maner 2buc.	35  Surub M10x115mm 2buc.
36  Surub M10x60mm 3buc.	37  Surub M10x55mm 8buc.	38  Surub M8x55mm 1buc.	39  Surub M8x40mm 4buc.	40  Surub M8x15mm 9buc.
41  Saiba M10 26buc.	42  Saiba M8 13buc.	43  Saiba M6 2buc.	44  Piulita cu nailon M10 13buc.	45  Piulita cu nailon M6 2buc.

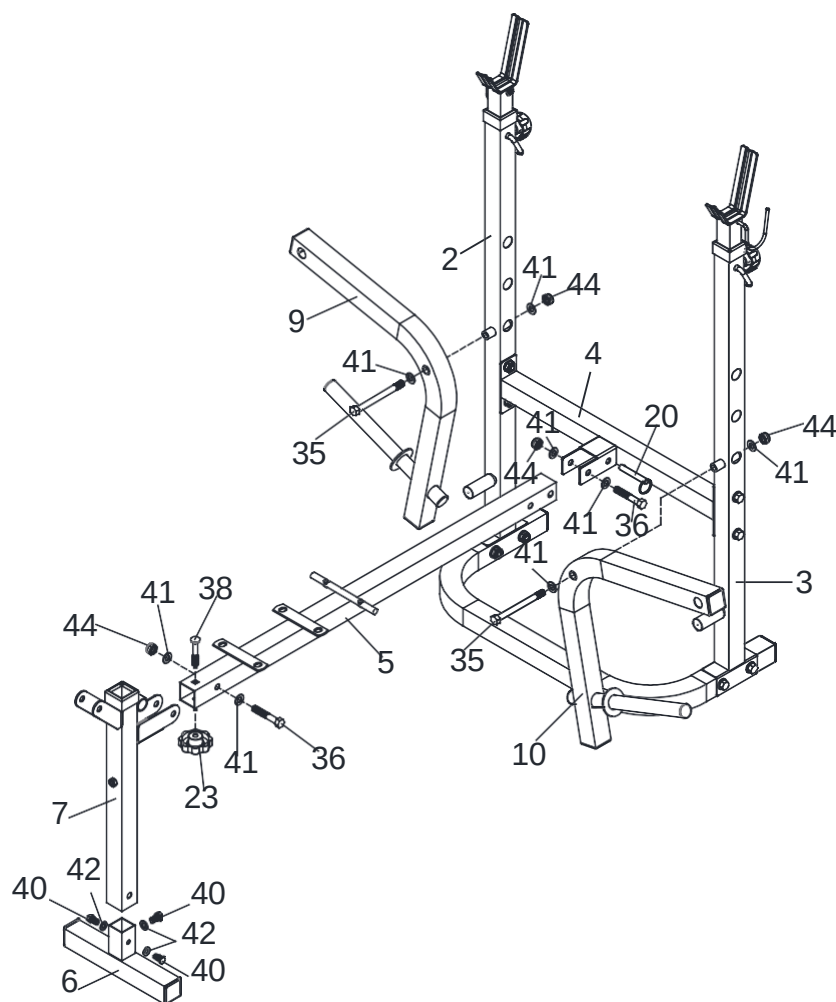
INSTRUCTIUNI DE ASAMBLARE



PASUL 1:

1. Montati barele spate (dreapta&stanga) (2&3) pe baza spate (1), cu 4 suruburi M10X55mm (37), 8 saibe M10 (41) si 4 piulite cu nailon M10 (44).
2. Montati bara de conectare (4) pe barele spate (dreapta&stanga) (2&3), cu 4 suruburi M10X55mm (37), 8 saibe M10 (41) si 4 piulite cu nailon M10 (44).
3. Introduceti suportii de bare haltere (12) in barele spate (dreapta&stanga) (2&3) si securizati-le cu 2 suruburi de blocare (scurte) (22) si 2 carlige de siguranta (19).
4. Montati carligele de siguranta (dreapta&stanga) (17&18) pe suportii de bare haltere (12), cu 2 saibe M6 (43) si 2 piulite cu nailon M6 (45).

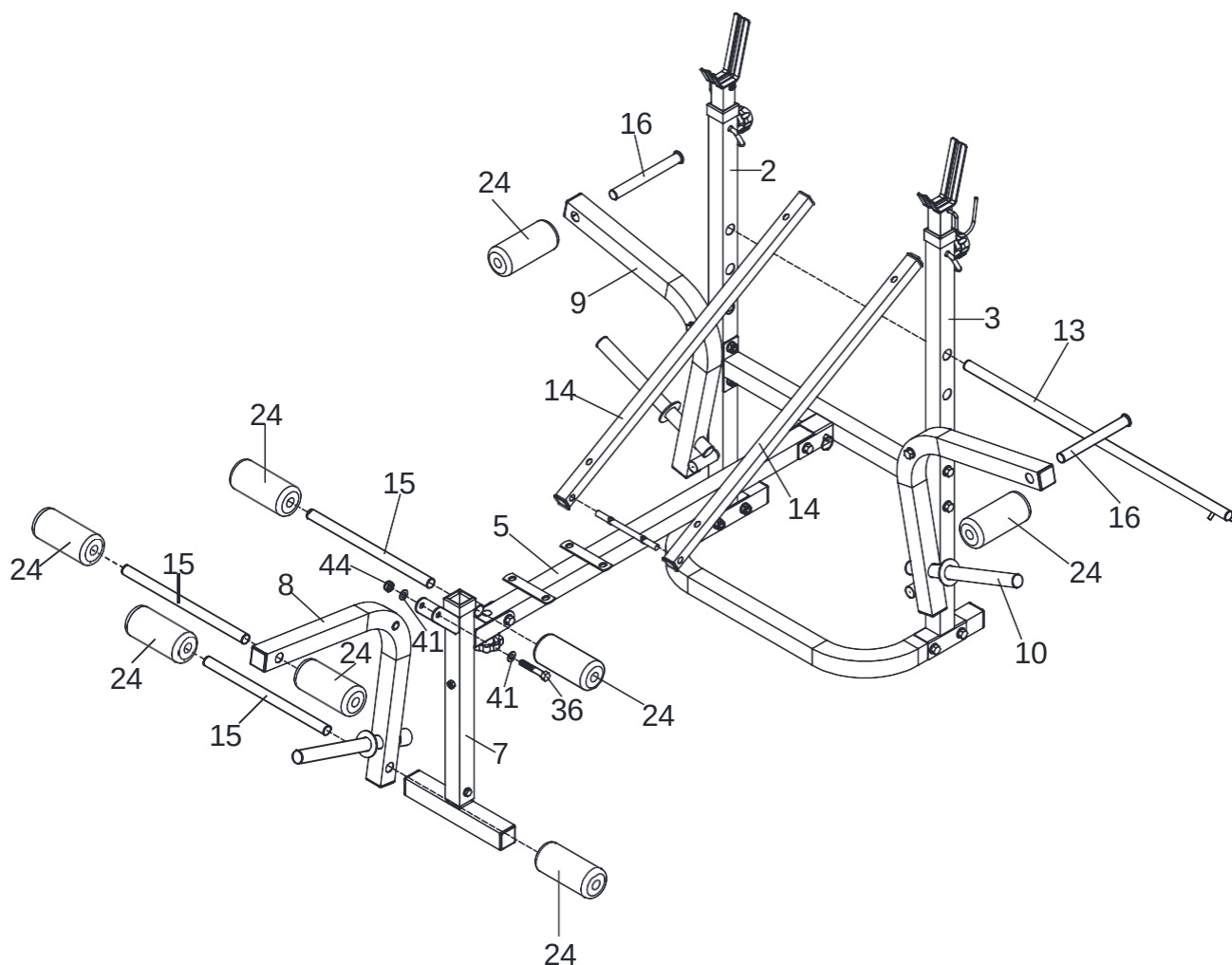
INSTRUCTIUNI DE ASAMBLARE



PASUL 2:

1. Montati cadrul principal (5) la bara de conectare (4), cu un surub M10X60mm (36), 2 saibe M10 (41) si o piulita cu nailon M10 (44) si un cui ajustare rapida (20).
2. Montati suportul fata (7) la cadrul principal (5), cu un surub M10X60mm (36), 2 saibe M10 (41) si o piulita cu nailon M10 (44) si un surub M8X55mm (38) si o piulita de ajustare (23).
3. Montati baza fata (6) la suportul fata (7), cu 3 suruburi M8X15mm (40) si 3 saibe M8 (42).
4. Montati barele pentru brate (dreapta&stanga) (9&10) pe barele spate (dreapta&stanga) (2&3), cu 2 suruburi M10X115mm (35), 4 saibe M10 (41) si 2 piulite cu nailon M10 (44).

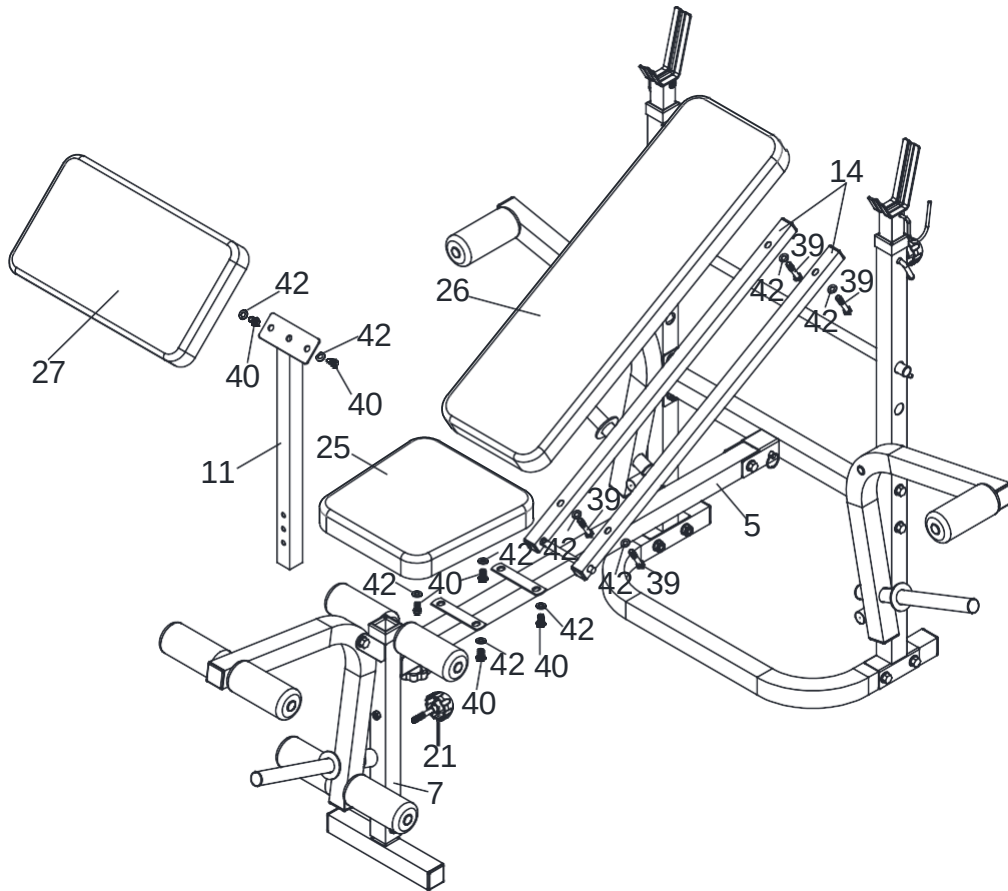
INSTRUCTIUNI DE ASAMBLARE



PASUL 3:

1. Montati suportul de extensie picioare (8) pe suportul fata (7), cu un surub M10X60mm (36), 2 saibe M10 (41) si o piulita cu nailon M10 (44).
2. Introduceti bara de ajustare spatar (13) in barele spate (dreapta&stanga) (2&3).
3. Montati suportul spatar (14) pe cadrul principal (5).
4. Introduceti tevile pentru rolele de spuma (15) in suportul de extensie picioare (8) si suportul fata (7).
5. Montati manerele bara brate (16) pe barele brate (dreapta&stanga) (9&10).
6. Introduceti rolele de spuma (24) pe tevile pentru rolele de spuma (15) si pe manerele bara brate(16).

INSTRUCTIUNI DE ASAMBLARE



PASUL 4:

1. Montati suportul de brate captusit (27) pe suportul de brate (11), cu 2 suruburi M8X15mm (40) si 2 saibe M8 (42).
2. Introduceti suportul de brate (11) in suportul fata (7) si securizati-l cu surubul de blocare (lung) (21).
3. Montati scaunul captusit (25) la cadrul principala (5), cu 4 suruburi M8X15mm (40) si 4 saibe M8 (42).
4. Montati spatarul captusit (26) pe suportul de spatar (14), cu 4 suruburi M8X40mm (39) si 4 saibe M8 (42).



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